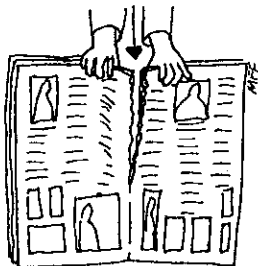
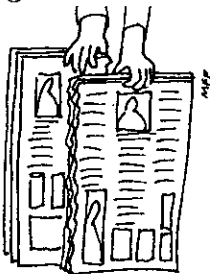


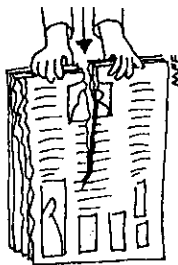
1. Open the newspaper to the centerfold.



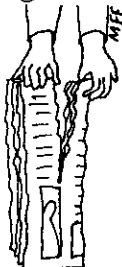
2. Tear it lengthwise down the centerfold.



3. Gather the two halves.



4. Tear them lengthwise again.



5. Repeat process four or more times until you have long shreds from 1 to 3 inches wide.

(Hint: Tear with the grain of the paper. If you cannot tear long strips, then you are probably tearing against the grain. You need to turn the paper 90° before tearing it.)

Wormformation

To make a proper home for your worms, you will need worm bedding. Newspaper makes a good bedding. Shred it, moisten it, and place it in your worm bin. It has four main purposes:

- Bedding holds moisture for the worms.
- Bedding gives the worms a medium in which to live.
- Bedding makes air available to worms anywhere in the bin.
- Bedding gives you material to cover the garbage you bury.

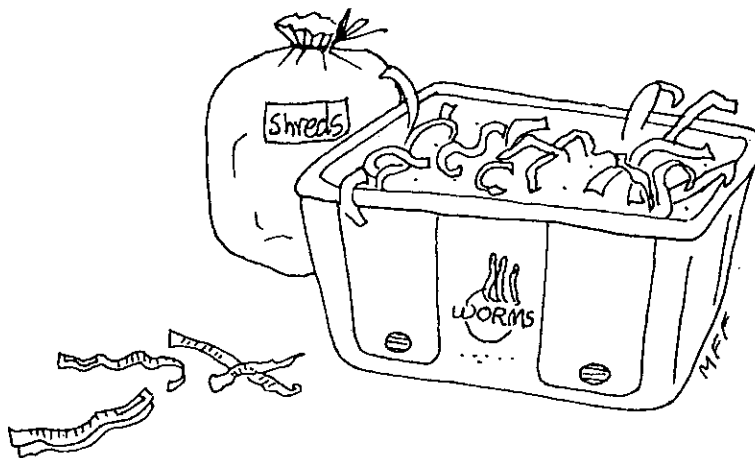
Worms also eat their bedding, but it does not have much food value for them.

Materials Needed

- 1' x 2' x 3' worm bin (approximate size)
- large plastic bag
- 10 lb newspaper (no colored pages or slick paper)
- 1 cup soil (grit for worms' gizzards)
- water

Directions

Make up the bedding for your worm bin by following steps 1-6.



6. Place shreds in plastic bag to store or place in worm bin. Add water.

Bonus Activity How else can you use shredded or unshredded newspaper? Make a list.